



## **CUTE GIRLS MADE**

Is there anything you would like to change about your look? Body image is one of the most pressing challenges with females in our Western culture; however, the Bible communicates a recurring theme that true beauty comes from the inside. Let's examine what the Scriptures teach about God's design of a woman through the acrostic, CUTE GIRLS MADE.

### **Confident (Proverbs 3:26)**

Confidence comes from a relationship with God. Solomon said: "The LORD is your confidence" (Proverbs 3:26 NIV 1984).

Do you have insecurities that are hindering your confidence, and consequently, your relationships with others?

### **Unique (Psalm 139:14)**

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well" (Psalm 139:14).

How does acknowledging the fact that you are the only you affect your perspective?

### **Temple of the Holy Spirit (1 Corinthians 6:19)**

"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own" (1 Corinthians 6:19).

What value do you communicate when you see your body as the temple of the Holy Spirit?

### **Expression of God (Genesis 1:26; 2:7)**

"Then God said, 'Let us make mankind in our image, in our likeness'" (Genesis 1:26).

"Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being" (Genesis 2:7).

What are characteristics of God's expression in you?

### **Godly (Proverbs 31:30)**

"Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised" (Proverbs 31:30).

How do you reflect a Godly character?

### **Investing (Proverbs 14:1)**

"The wise woman builds her house, but with her own hands the foolish one tears hers down" (Proverbs 14:1).

Are you characterized and known by investing in or tearing down your family?



**Respectful (Ephesians 5:33)**

“However, each one of you also must love his wife as he loves himself, and the wife must respect her husband” (Ephesians 5:33).

How do your behavior and speech demonstrate that you respect your husband, or your future lifelong mate?

**Loving (Proverbs 5:19)**

“A loving doe, a graceful deer—may her breasts satisfy you always, may you ever be intoxicated with her love” (Proverbs 5:19).

How do you communicate love to your husband?

**Submissive (Ephesians 5:21-22)**

“Submit to one another out of reverence for Christ. Wives, submit yourselves to your own husbands as you do to the Lord” (Ephesians 5:21-22).

Paul taught mutual submission in marriage. Would your spouse describe you as having a submissive spirit? Why or why not?

**Modest (1 Peter 3:3-4)**

“Your beauty should not come from outward adornment, such as elaborate hairstyles and the wearing of gold jewelry or fine clothes. Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight (1 Peter 3:3-4).

Why would God esteem great worth in the unfading beauty of a gentle and quiet spirit?

**Alive in Christ (Ephesians 2:4-5)**

“But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved” (Ephesians 2:4-5).

Have you fully surrendered your life to Christ as Savior and Lord? If not, would you like to make today the day that you become fully alive in Him? If have committed your life to Christ, by grace through faith, how does your behavior communicate His life in you?

**Discerning (Proverbs 11:22)**

“Like a gold ring in a pig’s snout is a beautiful woman who shows no discretion” (Proverbs 11:22).

How does your life demonstrate the ability to separate wisdom from foolishness?

**Encouraging (1 Thessalonians 5:11)**

“Therefore encourage one another and build each other up, just as in fact you are doing” (1 Thessalonians 5:11).

Would your spouse describe you as an encourager?



## **Conclusion**

Applying God's wisdom to your perspective can transform your life and your marriage. During the next thirteen weeks, work your way through this list of thirteen characteristics of Godly beauty. Each week, memorize one concept with its corresponding verse and apply it to your life. Keep a journal of the positive changes that you see, as God shapes you into who He designed you to be.